

## **KENZO'S SEPARATION CONFLICT**

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In September 2019, my sister-in-law sent me a short video about Kenzo, a 7-year old male Bernese Mountain dog (click on the picture to view the recording).

In the video we see Kenzo going through an Epileptoid Crisis. He is unconscious (unresponsive to his name being called) for about 30 seconds. The involuntary urination is typical for a strong Epi-Crisis. Note that his body is relaxed. There is no stiffness or convulsions that would indicate that Kenzo is having an epileptic seizure.



Based on GNM, a loss of consciousness, or "absence", occurs during the Epi-Crisis of Biological Special Programs controlled from one of the sensory cortices. This knowledge helps us to find the original conflict that triggers the episode.



After I watching the video, I asked my sister-in-law if I could contact Kenzo's owners to tell them that there was nothing "wrong" with Kenzo and offer them an explanation for his condition from the GNM perspective (the veterinarian had suggested all kinds of neurological examination that were too costly to pursue).

I was invited for a visit where I met Kenzo. This is when this photo was taken.

The question was when Kenzo's episodes first started and if there was any distress they could recall that Kenzo had experienced.

I was told that the first time Kenzo had a light absence was a few years ago, when the mother of Kenzo's mistress took him out for a walk. Since then, they didn't see this behavior for years, until recently, after they had moved to a new house (where I visited them). Now the episodes lasted much longer. They observed that the absence only occurred when **Kenzo was taken out the first time by a** *new* **person**. The second time that same person would take Kenzo for a walk, it didn't happen. Also, they said that one time when their neighbor walked Kenzo for the first time, he spent some time with Kenzo in the house before taking him outside. Lo and behold, Kenzo had no absence!

This clearly tells us that Kenzo's Epileptoid Crisis is linked to a **separation conflict** that is triggered every time he is "taken away from his parents" by a stranger. Moving into a new home, i.e., to an unfamiliar environment added to his fear of separation.

The **conflict resolution**: Now that the owners knew the underlying conflict and what triggered the recurring Epi-Crisis they understood that when Kenzo is taken out by a new person (the separation conflict track), he needed some extra time to adjust and to be reassured that he is o.k. – through caressing him and talking to him before parting. It should be mentioned that during the day the owners themselves are unable to take Kenzo for a walk. If they do, Kenzo is fine. So, they only learned about his episodes when they saw the video, like I did.

Before I left, we agreed that they will keep me informed about the progress.

More than a year has passed. Since I met Kenzo, he had an absence only once – again, because someone new had taken him out too quickly. But the owners knew why and are relaxed about it. And so is Kenzo.

Extract from: http://LearningGNM.com